1. If you could change places with another person you know, who would it be?

2. What are some of the earliest memories you have? Are they good or bad?

3. If you see someone being treated unfairly, how would you respond?

4. Do you believe in angels?

5. What do you appreciate most about your siblings? Your family setting?

6. What life experiences have shaped your values or priorities? Your outlook on life?

7. What 3-5 adjectives would you use to describe yourself?

8. What are the three best things that have happened in your life?

9. What do you think is/was important to your parents?

10. What one mistake have you learned the most from?

11. Do you believe that sport heroes should behave as responsible role models?

12. What’s the most recent conflict you experienced? Did you resolve it?

13. Who do you think is/was the greatest athlete of all time? Greatest musician?

14. What’s the hardest emotion for you to express?

15. What are the five most important objects you own?

16. What times in your life have you ignored common sense?

17. When’s the last time you laughed so hard your ribs hurt? What was so funny?

18. What are your values? Where do they come from?

19. How would you describe the perfect family? What traits does your family possess?

20. What are your favorite sounds? Favorite sights? Favorite smells?