1. On a scale of 1-10, how cheerful are you typically?

2. What’s your favorite part of the day? Why?

3. If your family had to move to another state, where would you like to move?

4. What has been the best day of your life?

5. What is one thing that makes you very angry? When is anger appropriate?

6. How well are you at keeping secrets?

7. What do you do when you see someone gossiping?

8. What do you think is the most unfair thing about life?

9. What are three things you’d like to accomplish within the next ten years?

10. If you were voting for a presidential candidate, what factors would influence your decision?

11. If you had to eat the same meal every night for a year, what would you choose to eat?

12. With whom would you like to trade homes with for one year?

13. If you could add one additional room to your home, what would it be?

14. What are you most proud of?

15. What do you worry about? Why?

16. What is your fondest memory from the past year?

17. What are some things you’d like to experience this coming year?

18. What do you tend to procrastinate about? What causes the procrastination?

19. What would you like to learn about or master this coming year?

20. What friends from the past would you like to reconnect with?